

Team Captain Role Profile

JM
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Role Description

The Team Captain leads their squad on competition days setting the tone for performance, teamwork and positive behaviour during fixtures and training. Acting as a key link between players, coaches, officials and JMSU, the Team Captain helps ensure matches and training run smoothly and that the team is prepared, organised and focused. You will also be involved in the administration of your team making sure that team sheets are processed, trip registration forms are accurate, and travel is sorted for away days.

Responsibilities

1. Lead the team during fixtures and competitions, setting expectations around behaviour, effort and sportsmanship
2. Work with coaches and committee members to select squads fairly, sharing clear selection expectations and communicating decisions respectfully
3. Act as the main point of contact on match days between your team, opposition teams, referees/officials and event organisers
4. Support fixture preparation and logistics, liaising with Students' Union staff around competitions, transport and scheduling where required

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Responsibilities (continued)

5. Help ensure fixtures run smoothly, including organising referees or umpires where appropriate and ensuring players are informed and prepared
6. Promote positive team culture, encouraging open communication, mutual respect and strong team spirit throughout the season
7. Ensure players understand expectations around training, competition standards and commitment to the team
8. Follow competition and governing body rules, ensuring matches are played fairly and in line with BUCS or relevant regulations
9. Respond calmly to challenges or disputes on match days, raising any issues through the appropriate channels where needed
10. Attend relevant captain briefings or training, including BUCS Team Captain briefings where applicable



Qualities & Skills

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Essential Qualities

What you'll bring with you: the foundations for leading your team during competition & fixtures

- Confident and positive leader – you're able to motivate teammates and set the tone for performance and behaviour
- Clear communicator – you're able to liaise effectively with players, coaches, officials and opposition teams
- Fair and respectful decision-maker – you show integrity and fairness, particularly around team selection and match situations
- Calm under pressure – you're able to make thoughtful decisions during competitive environments
- Strong team player – you promote trust, inclusion and a positive squad culture
- Organised and reliable – you're able to manage match-day responsibilities and logistics
- Respected member of the club – you lead by example on and off the field
- Sportsmanship-focused and committed to fair play – you're a positive representative of your club, your Students' Union and your University

Skills You'll Develop in the Role

What you'll grow and strengthen through the experience

- Leadership confidence through leading teams in competitive environments
- Decision-making skills during high-pressure match situations
- Communication and conflict-management skills within team sport settings
- Understanding of BUCS and competition structures and match-day operations
- Team management skills including selection processes and player engagement
- Collaboration with coaches, committee members and Students' Union staff
- Confidence representing your club during fixtures and competitions
- Transferable leadership, organisation and teamwork skills for future opportunities



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