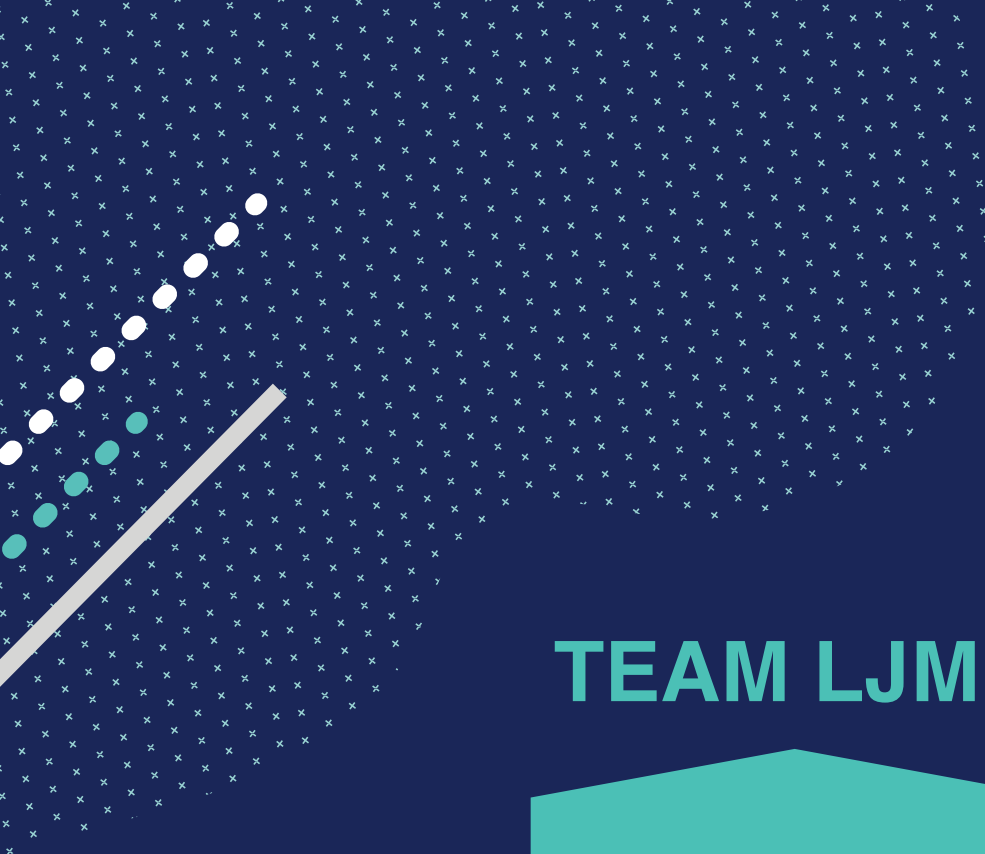




2022/23
SPORTS SCHEDULE:

| SPORTS | DAY | TIME | VENUE |
|-----------------------|---|-----------------------|---------------------------|
| American Football | Thursday | 7 - 10pm | North Liverpool Academy |
| Athletics | contact ljmualthletics@gmail.com for more information | | |
| Badminton | Monday | 5:30 - 7pm | LJMU Sports Hall |
| | Friday | 8 - 10:30pm | LJMU Sports Hall |
| Basketball Men | Monday | 7 - 9am & 9 - 10:30pm | LJMU Sports Hall |
| | Tuesday | 7:30 - 10:30pm | LJMU Sports Hall |
| | Friday | 7 - 9am | LJMU Sports Hall |
| Basketball Women | Monday | 9 - 10:30pm | LJMU Sports Hall |
| Boxing | contact ljmuboxing@gmail.com for more information | | |
| | Sunday | 1 - 3pm | LJMU Sports Centre Studio |
| Climbing | contact liverpooljmuclimbingclub@gmail.com for more information | | |
| Cricket | Friday | 8 - 10:30pm | LJMU Sports Hall |
| | Sunday | 3 - 5pm | LJMU Sports Hall |
| Cheerleading | contact ljmujetsocial@gmail.com for more information | | |
| Cycling | contact ljmucyclingclub@gmail.com for more information | | |
| Dance | contact ljmufreestyledance@hotmail.com for more information | | |
| Darts | contact ljmudarts2015@gmail.com for more information | | |
| Dodgeball | Sunday | 5 - 6pm | LJMU Sports Hall |
| Equestrian | contact ljmuequestrian@outlook.com for more information | | |
| Football Men | Sunday | 5 - 10pm | Tiber Football Centre |
| Football Women | Monday | 7 - 8pm | Heron Eccles Football Hub |
| Futsal Men | Thursday | 7 - 10:30pm | LJMU Sports Hall |
| | Sunday | 2 - 5pm | LJMU Sports Hall |
| Futsal Women | Thursday | 9 - 10:30pm | LJMU Sports Hall |
| Gaelic football | Monday | 6 - 7pm | Tiber Football Centre |
| | Thursday | 7 - 8pm | Tiber Football Centre |
| Golf | contact ljmugolfclub@gmail.com for more information | | |
| Handball | Tuesday | 9 - 10:30pm | LJMU Sports Hall |
| | Sunday | 6 - 8:30pm | LJMU Sports Hall |
| Hockey Men | Monday | 7:30 - 9pm | Archbishop Blanch School |
| Hockey Women | Monday | 6 - 7:30pm | Archbishop Blanch School |
| JiuJitsu | Tuesday | 7 - 9:30pm | LJMU Sports Centre Studio |
| | Friday | 7.30 - 9pm | LJMU Sports Centre Studio |
| Karate | Tuesday | 4 - 6pm | LJMU Sports Centre Studio |
| | Thursday | 7 - 8:30pm | LJMU Sports Centre Studio |
| Lacrosse Men | Monday | 8 - 9pm | Birkenhead School |
| | Tuesday | 8 - 9pm | Birkenhead School |
| Lacrosse Women | Monday | 8 - 9pm | Birkenhead School |
| | Tuesday | 8 - 9pm | Birkenhead School |
| MMA | Thursday | 8:30 - 10:30 | LJMU Sports Centre Studio |
| | Sunday | 3 - 5pm | LJMU Sports Centre Studio |
| Netball | Monday | 6 - 9pm & 7:30 - 9pm | LJMU Sports Hall |
| | Tuesday | 6 - 7:30pm | LJMU Sports Hall |
| | Friday | 7 - 9am | LJMU Sports Hall |
| Open water swimming | contact ljmuopenwater@gmail.com for more information | | |
| Pool & Snooker | contact ljmupoolandsnooker@gmail.com for more information | | |
| Pole Fitness | contact ljmupolefitness@outlook.com for more information | | |
| Powerlifting | contact ljmupowerlifting@yahoo.com for more information | | |
| Rounders | Saturday | 12:30 - 1:30pm | LJMU Sports Hall |
| Rowing | contact ljmurowing@gmail.com for more information | | |
| Rugby League | Monday | 6 - 7:30pm | Widnes Vikings stadium |
| | Tuesday | 6 - 7pm | North Liverpool Academy |
| Rugby Union (Men) | Monday | 8 - 9:30pm | Birkenhead Park |
| Rugby Union (Women) | Monday | 6.30 - 8pm | Birkenhead Park |
| Snowsports | contact jusstsnow@outlook.com for more information | | |
| Softball | contact jmsusport@ljmu.ac.uk for more information | | |
| Swimming | Monday | 3:30 - 5pm | Everton Park |
| | Wednesday | 8 - 10pm | Everton Park |
| Table Tennis | Monday | 8 - 9:30pm | LJMU Sports Centre Studio |
| | Friday | 9 - 10:30 | LJMU Sports Centre Studio |
| Tennis | Tuesday | 8 - 10pm | Wavertree Athletics |
| Trampolineing | Friday | 6 - 7:30pm | LJMU Sports Hall |
| | Saturday | 2 - 4pm | LJMU Sports Hall |
| | Monday | 4 - 5:30pm | LJMU Sports Hall |
| Ultimate Frisbee | Monday | 4 - 5:30pm | LJMU Sports Hall |
| Volleyball | Tuesday | 6 - 9pm | LJMU Sports Hall |
| | Sunday | 12 - 3pm | LJMU Sports Hall |
| Wheelchair Basketball | contact jmsusport@ljmu.ac.uk for more information | | |
| Yoga | contact jmsusport@ljmu.ac.uk for more information | | |



TEAM LJMU



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